



***Aloe barbadensis* (L.) Burm.f.**

**Family:** Liliaceae

**Common names:** Aloe, Ghrita-kumari



**Description:**

*Aloe barbadensis* is a stemless or very short-stemmed succulent plant growing to 60–100 cm tall. The leaves are thick and fleshy, green to grey-green. The margin of the leaf is serrated and has small white teeth. The flowers are produced in summer on a spike up to 90 cm tall, each flower being pendulous, with a yellow tubular corolla.

**Utilization:**

*Aloe vera* is used in traditional medicine as a skin treatment. The cosmetic and alternative medicine industries regularly make claims regarding the soothing, moisturising, and healing properties of *aloe* (Kunkel,1984). Fresh juice leaves used as cooling and in fevers. Dried juice is useful in constipation. Pulp is edible as confection, vegetable and pickle.

Part	Uses
Gel	Skin treatment, fever, antibacterial

**References:**

Kunkel G; (1984) Plants for Human Consumption. Koeltz Scientific Books. ISBN 3-87429-216-9.