



***Ficus roxburghii* Wall.**

Family: Moraceae

Common names: Cluster fig, Tremal, trimmal



Description:

Ficus roxburghii is deciduous woody tree and is one of the very popular plant in Himachal Pradesh. Leaves are exstipulate, petiolate, obtuse, cordate, alternate and approximately 21.5 cm long. Flowers are unisexual and the fruit is a fleshy receptacle that encloses a number of true fruits or achenes which develop from the female flowers lying within receptacle. Seeds are numerous and small. They are eaten along with the fruits.

Utilization:

The fruits are very good for eating and the jelly-like substance contained in them makes them very tasty. The leaves of the plant however are used as a fodder during the winter season. The leaves are also used as plates by stitching 3-4 leaves together for taking food during feasts in the villages.

Part used	Disease
Fruit	Luxative

References:

Meenakshi J and Nautiyal D; (2015) "Medicinal And Other Potential Use Of Wild Flora Found In Kumaun Area." 14-22.

Kimber R. W. L; (1967) "Phytotoxicity from plant residues. I. The influence of rotted wheat straw on seedling growth." *Crop and Pasture Science* 18.3: 361-374.