



***Persicaria amplexicaulis* (D.Don)**

Family: Polygonaceae

Common names: kutrya, Amli, Dori



Description:

Persicaria amplexicaulis is a slender erect perennial with ovate-heart shaped clasping upper leaves and having long stalked lower leaf. Leaf blade is 5-15 cm long and minutely toothed. Pink or deep red flowers are appear on slender terminal spikes. Flowers are 3-6 mm long and many in number with papery bracts.

Utilization:

Young leaves are cooked as vegetable. Aerial parts used as fodder. Fresh leaves are boils in water with sugar and decoction is taken orally to treat fever and joint pain.

Part used	Disease
Leaf	Joint pain, Fever, Fodder

References:

Thakur M, Asrani R, Lal B and Parkash O; (2016) Observations on traditional usage of ethnomedicinal plants in humans and animals of Kangra and Chamba districts of Himachal Pradesh in North-Western Himalaya, India journal of Ethnopharmacology 191, 280-300.