

## **STANDARD OPERATING PROCEDURE IN CASE OF ELECTRIC SHOCK**

**If you receive an electric shock:** It might be difficult for you to do anything. But try to start with the following if you think you've been severely shocked:

- (i) Let go of the electric source as soon as you can.
- (ii) If you **can**, call **6230864319 (For South) & 7807964319 (For North Campus)** or Medical emergency services **7018777896 (For South) & 9816663003 (For North Campus)**. If you can't, yell for someone else around you to call.
- (iii) Don't move, unless you need to move away from the electric source.
- (iv) See a doctor as soon as you can, even if you don't have any noticeable symptoms. Remember, some internal injuries are hard to detect at first.
- (v) In the meantime, cover any burns with sterile gauze. Don't use adhesive bandages or anything else that might stick to the burn.

**If someone else has been shocked:** If someone else receives a shock, keep several things in mind to both help them and keep yourself safe:

- (i) Don't touch someone who has been shocked if they're still in contact with the source of electricity.
- (ii) Don't move someone who has been shocked, unless they're in danger of further shock.
- (iii) Turn off the flow of electricity if possible immediately. If you can't, move the source of electricity away from the person using a non-conducting object, Wood and rubber are both good options. Just make sure you don't use anything that's wet or metal based.
- (iv) Stay at least **20 feet** away if they've been shocked by high-voltage power lines that are still on/Live.
- (vi) Call **6230864319 (For South) & 7807964319 (For North Campus)** or Medical emergency services, if the person was struck by lightning or if they came into contact with high-voltage electricity, such as power lines.
- (vii) Call **6230864319 (For South) & 7807964319 (For North Campus)** or medical emergency services if the person has trouble breathing, loses consciousness, has seizures, has muscle pain or numbness, or is feeling symptoms of a heart issue, including a fast heartbeat.
- (viii) Check the person's breathing and pulse. If necessary, start **CPR** until emergency help arrives.
- (ix) If the person is showing signs of shock, such as vomiting or becoming faint or very pale, elevate their legs and feet slightly, unless this causes too much pain.
- (x) Cover burns with sterile gauze if you can. Don't use Band-Aids or anything else that might stick to the burn. Keep the person warm.
- (xi) Inform Mr. Neeraj Chauhan, AE (Electrical) in case Power shut down is required immediately.